



Dater's Bill of Rights

- ❧ I have the right to refuse a date without feeling guilty.
- ❧ I can ask for a date without feeling rejected or inadequate if the answer is no.
- ❧ I do not have to act macho.
- ❧ I may choose not to act seductively.
- ❧ If I don't want physical closeness, I have the right to say so.
- ❧ I have the right to start a relationship slowly, to say, "I want to know you better before I become involved."
- ❧ I have the right to be myself without changing to suit others.
- ❧ I have the right to change a relationship when my feelings change. I can say, "We used to be close, but I want something else now."
- ❧ If I am told a relationship is changing, I have the right not to blame or change myself to keep it going.
- ❧ I have the right to an equal relationship with my partner.
- ❧ I have the right not to dominate or to be dominated.
- ❧ I have the right to act one way with one person and a different way with someone else.
- ❧ I have the right to change my goals whenever I want to.